



The Little Gym of St. Charles County is celebrating its 5th anniversary this January. As the premiere motor-skill development program for children, The Little Gym offers high-energy classes for kids 4-months to 12-years-old.

“We are a non-competitive and curriculum-based program,” says owner Mary Lee Stephens, “which is one of the things that makes us unique. The Little Gym International has a team of early childhood development specialists, gymnasts and musicians who create the curriculum appropriate for the various age groups we teach.”

The result is helping children grow physically, cognitively, socially and emotionally – all while having a blast!

Mary Lee and her husband, Mark Stephens, decided to open a The Little Gym of their own. “Our three kids grew up going to The Little Gym in Ballwin and we really believed in the program. If we missed a class during the week, Mark

would take them on the weekends,” says Mary Lee. “He loved it as much as I did!”

So, several years later when circumstances had the couple looking for a new career path, they pursued The Little Gym and purchased the territory in St. Charles County. “We get great joy out of making a difference in children’s lives,” says Mark. “We always tell the kids: ‘at The Little Gym, you don’t have to be the best; you just have to try your best!’”

For a free trial visit contact Mary Lee or Mark. *The Little Gym of St. Charles County* is located on Mexico Rd., 1/2 mile west of Mid Rivers Mall Dr.

The Little Gym of St. Charles County
7347 Mexico Road
St. Peters, MO 63376
(636) 970-1220
www.tlgstcharlesmo.com